



Summer Menu 2022

-  Added Plant Power
-  Vegan
-  Wholemeal
-  Chef's Special

	Monday	Tuesday	Wednesday	Thursday	Friday	
WEEK ONE 25 th – 29 th April 16 th – 20 th May 6 th – 10 th June 27 th – 1 st July 18 th – 22 nd July	Option 1 Non Veg	Macaroni Cheese	Chilli Con Carne With Rice 	Roast Chicken, Roast Potatoes & Gravy	Sweet & Sour Chicken W/ White Rice  	Breaded Fish with Chips & Tomato Sauce
	Option 2 Veg	Broccoli Pasta Bake	Five Bean Chili With Rice 	Vegetable Wellington with Roast Potatoes & Gravy	Sweet & Sour Veg With Rice	Vegan Mexican Roll with Chips & Tomato Sauce
	Vegetables	Cucumber Rainbow Slaw	Sweetcorn Mixed Peppers	Cabbage Broccoli	Green Beans Carrots	Peas Baked Beans
	Dessert	Chocolate Sponge	Lemon Drizzle Cake 	Summer fruits & Yoghurt Station	Orange and Cinnamon Shortbread	Peaches & Ice Cream
Fresh Fruit available daily						

WEEK TWO 11 th – 15 th April 2 nd – 6 th May 23 rd – 27 th May 13 th – 17 th June 4 th – 8 th July	Option 1 Non Veg	Tomato Arrabiata Pasta Sauce	Smokey Chicken Wrap with Potato/Sweet Potato wedges 	Roast Chicken, Roast Potatoes, Stuffing & Gravy	Peri Peri Chicken w/ White Rice 	Fishfingers or Salmon Fishfingers with Chips & Tomato Sauce
	Option 2 Veg	Wholemeal Vegetable Pasta Bake 	Vegetarian Sausage Hot Dog with Potato/Sweet Potato wedges	Cheese and Pepper Whirl, Roast Potatoes, Stuffing, & Gravy	Vegetable Curry with Rice	Vegan Mexican Roll with Chips & Tomato Sauce
	Vegetables	Sweetcorn 	Mixed Peppers BBQ Beans	Carrots Peas	Broccoli Sweetcorn	Peas Baked Beans
	Dessert	Apple Crumble with Ice Cream	Banana Sponge	Summer fruits & Yoghurt Station	Chocolate & Beetroot Brownie with Chocolate Sauce	Apples, Cheese & Crackers
Fresh Fruit available daily						

WEEK THREE 18 th – 22 nd April 9 th - 13 th May 30 th – 3 rd June 20 th – 24 th June 11 th – 15 th July	Option 1 Non Veg	Cheese & Tomato Pizza 	Chicken Fajitas with Rice 	Roast Chicken, Roast Potatoes & Gravy	Spaghetti Bolognese	Fish in Batter with Chips & Tomato Sauce
	Option 2 Veg	Falafel with Lemon & Herb Couscous	Vegetable Enchiladas with Rice	Lentil & Basil Puff Pastry, Roast Potatoes & Gravy	Vegetarian Spaghetti Bolognese	Cheese & Bean Pasty with Chips
	Vegetables	Green Beans Carrot & Beetroot Slaw	Sweetcorn Tomato Salsa	Carrot Broccoli	Sweetcorn Green beans	Peas Baked Beans
		Iced sponge	Raspberry Jelly & Mandarins	Summer fruits & Yoghurt Station	Pineapple Loaf with Custard	Chocolate Shortbread

Available Daily:

- Bread freshly baked on site daily
- Daily salad selection

ALLERGY INFORMATION:
If you would like to know about particular allergens in foods please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child. We use a large variety of ingredients in the preparation of our meals and due to the nature of our kitchens it is not possible to completely remove the risk of cross contamination.

Spring/ Summer Menu 2022 Option A

	Monday	Tuesday	Wednesday	Thursday	Friday	
Week One	Option 1	Macaroni Cheese #V11	Chilli Con Carne with Rice #B15 #SD84	Roast Chicken, Roast Potatoes & Gravy #C5 #SD7/#SD82 #SD107	Sweet & Sour Chicken W/ White Rice #C8 #SD84	Breaded Fish with Chips & Tomato Sauce #F7 #SD5 #SD14
	Option 2	Broccoli Pasta Bake #V51	Five Bean Chilli #V138 #SD84	Vegetable Wellington with Roast Potatoes & Gravy #V12 #SD7 #SD82 #SD107	Sweet & Sour Noodles #V206	Vegan Mexican Roll with Chips & Tomato Sauce #V161 #SD5
	Vegetables	Cucumber #SD30 Rainbow Slaw #SD92	Sweetcorn #SD19 Mixed Peppers #SD26	Cabbage #SD35 Broccoli #SD20	Green Beans #SD24 Carrots #SD28	Peas #SD18 Baked Beans #SD22
	Dessert	Chocolate sponge #D163	Apple Flapjack #D171	Summer fruits & Yoghurt Station	Oats Cookies #D85	Peaches & Ice Cream #D166 #D13
Or a choice of Yoghurt & Fresh Fruit available daily						

Week Two	Option 1	Tomato Arrabiata Pasta #V121 #SD11	Smokey Chicken Wrap with Potato/Sweet Potato wedges #KS12 #SD69	Roast Turkey, Roast Potatoes, Stuffing & Gravy #T1 #SD7/ #SD82 #SD40 #SD107	Peri Peri Chicken w/ White Rice #c77 #SD84	Fishfingers or Salmon Fishfingers with Chips & Tomato Sauce #F6/F1 #SD5 #SD14
	Option 2	Wholemeal Vegetable Pasta Bake #V16	Vegan Sausage Hot Dog with Potato/Sweet Potato wedges #SD69 #V182	Vegetable Wellington, Roast Potatoes, Stuffing, & Gravy #V12 #SD7/ #SD82 #SD40 #SD107	BBQ Quorn Fillet with Rice #SD84 #V205	Cheese & Red Pepper Frittata with Chips & Tomato Sauce #V24 #SD5
	Vegetables	Sweetcorn #SD19 Cauliflower #SD27	Mixed Peppers #SD26 Green Beans #SD24	Carrots #SD28 Peas #SD18	Broccoli #SD20 Sweetcorn #SD19	Peas #SD18 Baked Beans #SD22
	Dessert	Apple Crumble with Ice Cream #D71 #D13	Lemon Drizzle Cake #D168	Summer fruits & Yoghurt Station	Chocolate & Beetroot Brownie with Chocolate Sauce #D169 #D3	Melon, Cheese & Crackers #D209
Or a choice of Yoghurt & Fresh Fruit available daily						

	Option 1	Cheese & Tomato Pizza #V203	Chicken Fajitas with Rice #C85	Roast Chicken, Roast Potatoes & Gravy #C5 #SD7/#SD82 #SD107	Spaghetti Bolognese #B37 #SD8	Fish in Batter with Chips & Tomato Sauce #F3 #SD5 #SD14
	Option 2	Falafel with Lemon & Herb Couscous #V178 #SD73	Vegetable Enchiladas with Rice #V20	Lentil & Basil Puff Pastry, Roast Potatoes & Gravy #V135 #SD7/#SD82 #SD107	Vegetarian Spaghetti Bolognese #V169 #SD8	Cheese & Bean Pasty with Chips #V191 #SD5

Available Daily:

- Freshly cooked jacket potatoes with a choice of fillings (where advertised)
- Bread freshly baked on site daily
- Daily salad selection

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